

Snacks _____

What concerns do you have regarding your health?

Referred by _____

For legal reasons, please read and sign the following:

I am seeking this information and/or participating in a cleanse program for my personal growth. I take full responsibility for my health and decisions I make during and following this non-medical program and any future consultations. I hereby discharge Nourishing Habits LLC and Karen (Kai) Hersher from any and all claims that I or my family or heirs, have or may have, now or in the future. I have read and understood all of the above and agree to proceed under these conditions. I understand that this paragraph is meant to have legal significance and that all of the above statements are true.

If you agree, please sign here _____